

Where to go The Information Centre3
About those courses 4 Changing courses
Graduating 5 Student Services Library 6 AV. 7
M.P.C. 7 Bookstore. 7 Financial Aid. 8 Job Placement Centre. 9 Counselling. 9 Chaplain. 9 Learning Assistance. 10 Women's Resource Centre. 10 Health Services. 10
Handicapped facilities 10 Daycare 10 Athletics 11 Fitness Centre 11
Student Society What is the CCSS? 12 Philosophy. 12 Course Unions. 12 Clubs. 13 CCSS Budget. 13
Elections 13 'Down South' 13 All College Lounge 13 BCSF, NUS, WUSC, AOSC 16 Boycotts 17 The Courier 17
Who's who College board
Committees 17 AU.C.E., C.C.F.A 18 Principal 18 Registra 18 Academic Dean 18 Career/Vocational Dean 18 Instructional Services Dean 18 Bursar, Facilities Supervisor 18
Survival tips The bus19
Bus passes 19 Cycling 19 Hitch-hiking 19 Car pools 19 I.D. cards 19 Study space 20
Photo copiers
What to do when 23 they tow your caraway 23 you lock your keys in 23 you lose something 23 you need cheap books 23 you need help, fast 24
Relaxing Eateries
In a larger perspective History of the college

The Survival Guide is a Capilano Courier publication. This issue was compiled in the midst of chaos and confusion by Nancy Campbell, Dave Lovell, Smilin' Dave Balderstone, Karen Bamber, Pauline Mehaffey, and the invaluable assistance of S.M.



Student Society ELECTIONS

Nominations open for these positions:

2 Career Reps.2 Academic Reps.Ombudsperson

7 pm

Nomination forms available at the Info Centre and Student Society office.

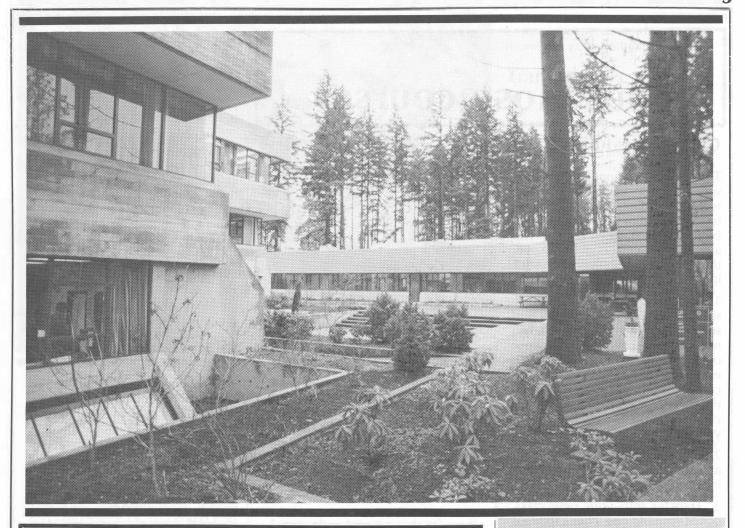
Nominations Close Sept. 23 at 5 p.m.

in the North Cafeteria Sept. 30, 12:15 p.m.

VOTE

Wednesday, October 1 Thursday, October 2

Contact your Student Society for more information in room A114 or phone 986-1911, Local 347.



Where to go

The Info Centre

You're a new student. You're confused and lost and need to know where to find the north campus, your first class or the nearest washroom.

You're a returning student and as you stumble through the hoards of bewildered new students you realize that you're behind on the news. What's different at Cap this year? Where did that office go that used to be right here? Are there any movies or dances coming up?

You're a new or returning student but won't be for long if you don't find a job and a place to stay.

Find the Info Centre!

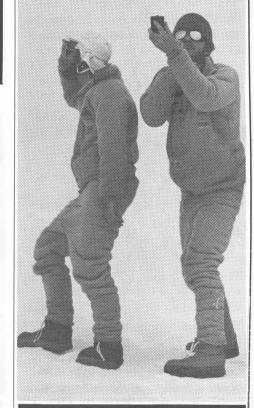
The Info Centre is a sort of closet

with windows located right across from the main registration desk. Once you find it a few of your problems are over.

The students who staff the Info Centre know or can find out just about anything you may need to know about the college. Or they can even give you info on a great many other colleges and universities by letting you browse through their selection of calendars.

The Info Centre has housing listings, sells tickets, gives advice and generally fills in all those essentials of college life. The hours are 10:00 – 3:00, Monday to Friday, and their local is 277.

And oh, by the way, welcome or welcome back to Capilano College.



About those courses...

Changing courses

The most intelligent way to deal with the hassles of changing courses is to get yourself into the right ones to start with. But assuming that you bungled registration, or that you arrived in your first class to discover that for some reason you can't stick it out, here's what you do:

- 1. Do **not** transfer out of that unstomachable course until you find something else to transfer into. You may well discover that all your other alternatives are full and you'll end up a course short. Check the computer printouts posted around registration or if classes have started check with the prof of the course you want in to.
- 2. Pick up a course change form at Registration and start filling it in.
- 3. Transfer into your new class, out of your old one, check to see if it changes your fees, and then get that form in **fast**.

There, that wasn't too awful, was it?

Dropping courses

If, for whatever reason (personal problems, academic problems, boredom, the Coachhouse pub) you are getting a bad mark in a class and don't want the mark on your transcript looking conspicuous and fouling up your grade point average, you have two alternatives:

You can Drop or you can Audit.

To drop a course (or add one) you use a Course Change form. Don't ask us why.

The most important thing for destitute student types to bear in mind about dropping a course is fee refunds. To get an 80% refund of your tuition and lab fees you must drop the course by Oct. 3

this fall or **Feb. 9** in the spring. The last day you can drop a course at all, with no refund, is **Nov. 10** or **Mar. 9** for the spring semester. Don't leave it too late.

Audit status

Audit status means that you pay fees, attend classes and do the work (or most of it) but you receive no credit for the course. Doing assignments and writing exams is encouraged but optional.

Credit students are given preference over audit students when getting into classes so people intending to audit often register for credit and then change once they're into the course. This is not precisely fair. But it works.

If you're doing badly and want to escape by changing to audit status (or you're ambitious and doing vice-versa), note the last days to do that: **Nov. 10** and **Mar. 4**.

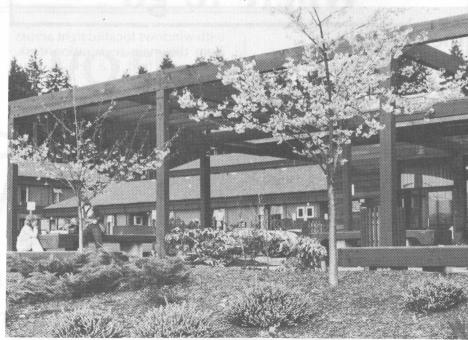
I grades

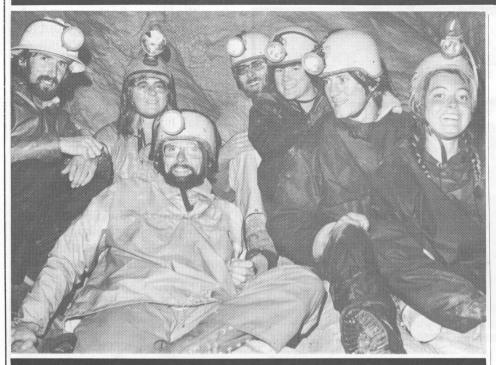
"I" can stand for many things: Illustrious, Incompetent and Impending doom. However, around here it is generally taken to mean Incomplete. To quote our spell-binding calendar, "I grades are given at the end of the term when, in the judgement of the instructor, the student would have a reasonable expectation of passing the course, but has not completed the work required."

In other words, if there is some overwhelmingly good reason why you can't get that last essay in on time (run over by a bus, 8¾ months pregnant, your dog ate all your notes ... you know the sort) you ask your instructor for an extension of a month or so.

The I is entered as your grade and then, when your extension's over, either a new mark is entered or, if you didn't get it all finished, a predetermined grade taking into account what you didn't do goes in.

I grades are not encouraged by the powers that be and are supposed to be horribly difficult to get so that students won't abuse the privilege. Of course, they aren't. Some profs are impossible to drag I's out of, no matter how good the reason—some give I's out by the dozen. Most will





state their policy on incompletes at the very beginning of the year. But if you really want to know, ask other students.

And be careful with I's in the spring. They will occasionally screw up your credits if your record is being transferred to another institution right away because some places don't recognize I's. You could find yourself with an F or two and a terrifying amount of red tape to straighten it all out.

Grade appeals

If, for some reason, you consider your final grade in a course to be unfair and you can't sort it out with your prof, you can go to a counsellor and try the Grade Appeals procedure.

First the counsellor will try to patch up things with you and your prof, but if that doesn't work, they will give you a form to fill out and submit (at \$5 for each course involved) to the Appeals Commitee. Due to various obvious and less obvious political reasons tied up with the composition of the committee (profs are not likely to go against each other and the administration wants nothing to do with the whole thing), grade appeals, when they get through, do so with

quite a struggle. Not that we want to sound defeatist at the beginning of a new year and all.

The moral of which is sort out bad situations before they get that far, and don't leave things until late in the term.

Income tax

Income tax, as everyone will agree, is a thoroughly unpleasant subject. Unfortunately everyone, even a student, is taxable, but students can deduct the occasional pittance from their pound of flesh.

Since tax regulations change from year to year the federal government usually publishes a booklet called (in all their originality) Income Tax and the Student. Financial Aid should have the information you need, as well as other departments around the college.

What you should remember is to check early. The income tax people like you to send them a specific piece of paper which you have to apply to the college to obtain – **they will not mail it to you anyway**. So find out before the end of April and leave yourself plenty of time. And don't lose your white copy of your registration form, however tempted you may be – it's the only copy

you have, unless you wish to grovel before the Bursar and pay good money to get another copy.

Transcripts

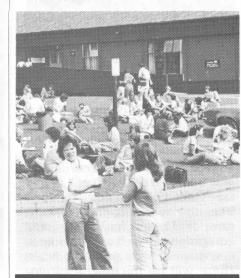
Transcripts (other than the flimsy little printouts you get at the end of each semester) may be obtained through the Registrar's office, across from the Info Centre (remember that?). You have to fill out a form (what else is new?) and pay a dollar and then your form will be shipped off to SFU where all the transcripts are stored in a computer.

The requests go out on Thursday and arrive at Cap on Friday morning when you can pick them up in person, have them mailed to you or have them mailed directly to the university of your choice.

Graduating

To graduate you have to apply. You will not get your diploma and invitation to the graduation ceremonies and all that automatically on completing the credits you need. To repeat, you must apply.

First, check ahead with the calendar and a counsellor to make sure you are getting all the credits you need and then find out from them where and when to apply for official graduation. There are ceremonies held each year for all departments, along with a banquet. Graduation is publicized each spring, so keep your eye out for the pertinent information.



Student Services

Library

News flash! There has been a major change in the Capilano College library system over the summer. No, the college still holds the dubious honour of having half the library on the north and half on the south campus, a real problem for students doing research. But the big news is that the card catelogues in the south are gone. Don't panic, there is a new system to aid in locating books. The library has moved all of its listings into a microfiche (pronounced microfeesh) catelogue. Every book at Cap can be located using this modern system, something like microfilm (but better).

Not only is each Capilano College library book on the fiche, but also listings for UBC and SFU. And this leads to the topic of interlibrary loan systems. Students using the library have access to every book contained in 3 universities, all B.C. colleges, 2 public libraries and parts of Canada and the US. It can take quite a while to get the books, so order ahead. The length of time you have the book for also varies. Because the loan system is expensive to maintain (but at no charge to students), a book will be ordered only if there isn't adequate information already available on campus on your topic. This is a great system because it gives you a wide selection and beats bussing it all the way out to Sedgewick.

The south campus carries books, reference materials, films, art slides, audio and visual cassettes, records and record players. There are also tapes of all records that may be taken out on loan. Up to 4 tapes and a player can go out for a free one week loan. The north campus library has more A/V equipment as well as microfilms, newspapers, films and periodicals. There will be microfiche catelo-

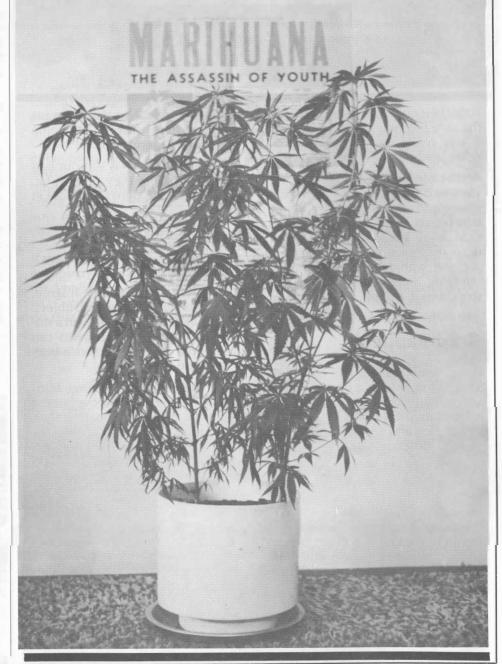
gues and readers on both campuses, but the periodical files are still foolishly located on the south campus.

The library is open to all students, staff, faculty and the North Shore community. Students need a student ID card to take out materials. The public can get another card

from the library. Books go out for 2 week loans; periodicals go out for one week. Reserved materials go out for 2 weeks and are renewable, but there is a fine on them of \$1 a day. There are no fines for other late materials.

The fall library hours are slightly different this year: 8:30am to 9:30pm Mondays to Thursdays; 8:30am to 4:30pm on Fridays; and 1:00pm to 5:00pm on Saturdays and Sundays.

If you have any questions or need any help, fee free to contact the library staff. They're all really



friendly. During the first week of classes the staff will give tours of the library at 3:00pm. To locals for the north are 204/205 and for the south, 240/241/242.

A/V

Audio Visual is in the same old spot at the end of ND building, right next to the north campus library and across from the Bookstore. It still has lots of equipment, like cassette and reel-to-reel tape recorders, movie, overhead and slide projectors, record players, microphones and other neat stuff.

All equipment is available to students on a first-come, first-served basis. Loans are generally for 2 days, but you might be able to negotiate some exceptions. Reservations are recommended for some equipment. Once again you need that insidious piece of plastic, your student ID card, to sign out anything.

Bruce Forsythe and Tim Coffey are the people to talk to if you want to get set up with all sorts of interesting equipment. Or give them a call at local 207.

M.P.C.

MPC is yet another in the confusing collection of initialled departments around the college. It stands for Media Production Centre don't get it mixed up with the Media Centre, which is the library, or Media Resources, which is the department right next to the library. MPC is there to help you with your fancy classroom reports. It does photography (they can make you a slide from a picture in a book), dry mounting, graphic design, A/V production, provides films and tapes, and can even instruct you on how to use all this stuff.

All North Shore residents, Cap College students, staff and faculty can use MPCs facilities. But don't expect them to be fast. Depending on the type of job, the lead time can be anywhere from 1 to 6 weeks, so phone early. Of course, jobs will cost you, so check their price list



first before you get too extravagant. The people to talk to at MPC are Ginny, Lynn, Edna and Fred. Drop in to room NB110 or give them a call at local 207.

Bookstore

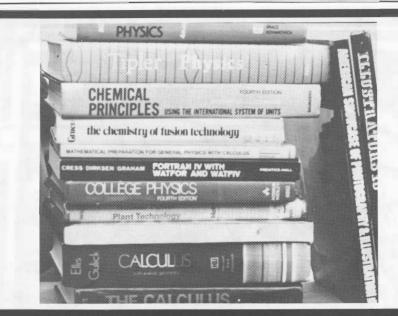
If you haven't bought your text-books yet, brace yourself. Prices are higher than ever. A full course load will easily run you over a hundred dollars worth of books, while academic and business management students might have to declare personal bankruptcy. The following may save you a few bucks.

For those of you who aren't rich (or whose parents aren't rich), there are alternatives. first, try to buy your books somewhere else than the college bookstore. Cap College's bookstore is pretty good as bookstores go as they run on a cost-recovery basis. That means that the only people ripping you off are the publishers. Other bookstores (including those at other colleges and universities) are generally more expensive and don't usually carry the recommended texts. The best thing to do is try to get your books used. This means going to the Student Socity Bookswap (in the CCSS office from September 8 to 11), checking the bulletin boards around campus, and asking friends if you can buy the books that they used last year.

When buying used books, make sure they're the one's you need. Find out the book's title, author, publisher, edition, and translator (when applicable). Periodically, publishers put out "new" editions. This consists of shuffling the pages around and adding or deleting a few chapters. They do this so that people can't get by with old books and can't buy used ones. Sometimes you can get by with an old edition, but check first! Likewise with different translations, but check with your instructor on this one.

Also, when buying books off bulletin boards, don't be fooled by things like "Texts for English 200, sec. 5" because chances are that the required texts have changed since last semester. Find out exactly what you need from the college booklist or from your course outline.

If you are a returning student, do yourself and your fellow student a favour and sell your old texts. Check the booklist and find out what you can sell and what you can't. Sell **only** those texts that are being used. If an old text isn't being used, don't despair. It may be used in the following semester and you can sell it then.



A note on prices. For a fair-to-good condition used book, two-thirds of the original price is a good place to start dickering.

If you want to be really tricky, don't buy the books at all! Some students fork over twenty-five bucks for a text, then get by in the course having never opened it. Ask people who were in the same course with the same instructor to find out how much you'll need the book. And, of course, there's always the library. The library has copies of some texts that you can use. Unfortunately, you can't always take them out of the library and have to study there. You might also consider using alternative texts of your own choice that are available.

If you find that you have to use the bookstore, do it wisely. Don't try stealing the books, as this is almost impossible, the repercussions are heavy, and the cost passes on to the bookstore and hence to the rest of the students. Don't bounce cheques there either or awful things might happen to your transcripts and/or registration.

When buying books in the first two weeks of classes, prepare yourself for lineups. It's a good idea to find out what all the texts you need are, and then buy them in one large splurge. Otherwise, you might find yourself in three lineups a day (helpful hint: small lineups in the evening). Also, if you have to return books for some reason, make sure that you have

your receipt of purchase, that you bought them less than ten days ago, and that you haven't written in them or dropped them in a puddle or something. If you have, then you're stuck with them. By the way, when you return books, you have to stand in line again, so try to get it right the first time. If you have damaged the goods, lost your receipt, or let ten days wander by, you might be able to sell them used. Try knocking off about five percent of their price and hawk them in the lineup.

Sometimes the bookstore runs out of a text and you can't get it. This usually isn't their fault, so don't get mad at them. Instead, check at other university and college bookstores for the title. If you still can't get it, don't worry. Some of the other students in the calss are probably in the same boat and the instructor should take this into consideration. The bookstore will probably receive more texts eventually and until then, try sharing the text with other students. If, on the other hand, you are the only one without the text, start to worry. Your only hope is to find the book used.

And never, ever, steal texts from other students.

Just in case you're wonder, after all this hassle, if the book store will ever be accessible to you, the answer is yes. During **Rush Week** (September 2 to 12) the Bookstore will be open from 9:30am to

7:30pm Monday to Thursday (except Labour Day of course), and 9:30am to 3:00pm on Fridays. **Regular hours** are 10:00am to 3:00pm on Mondays and Thursdays, 10:00am to 7:00pm on Tuesdays and Wednesdays, and closed on Fridays.

Financial Aid

Whether you're broke, looking for scholarships or bursaries, or could just do with a little advice on budgeting or credit, Fiancial Aid is the place you want to go.

Connie Gibbs is the Financial Aid officer and she will help you get a Student Loan, apply for a bursary or scholarship, or get through the month without overspending. Her office is located on the bottom floor of NF building, NF102 to be precise.

There are three ways to get money. You can apply for a student loan. The deadline for a loan is October 1, but if you just can't get your act together by then, don't despair. You may still apply after that date, but the loan will be proportionately smaller, depending on the number of weeks of classes remaining. The deadline for bursaries is Sept. 15 for the fall, and Jan. 15 for the spring term. A list of bursaries is in the front of the college calendar. Scholarships are handled by different departments (like biology, languages, etc.) and are handed out to the students with a high academic standing. There are some that are based on need. There is also an emergency fund for students in a jam.

Financial Aid also holds money management workshops on topics like credit, loans and budgeting, and they have a booklet for students on how to manage your money most effectively on a tight budget. Even if your budget isn't all that tight, the booklet's worth picking up for some of the tips on economical living.

Financial Aid is at the end of local 315. Or just drop by for a browse.

Job Placement Centre

Next to Financial Aid, the Job Placement Centre is probably the most intelligent thing the administration has ever managed to establish (even though it took them ten years).

If you need a job, this is the place to go. If you stop by NF102, talk to Leslie Gillis. She will have you fill out a form which lists the types of employment you would like. The card will be kept on file for three months, and will be removed after that time to a less active file or when you get a job.

There are a couple of ways to get a job through the centre. You can look at its job listings (outside the Info Centre and on the 2nd floor of NB building) and find some you'd like to apply for, or you can wait until Leslie has found one for you. We suggest you try the first method for faster results. Of course, job listings also appear in the Courier in the classified section, but since the paper comes out every fortnight your chances aren't as good.

Besides offering job placements, there is also a small library in the JPC with lots of pamphlets about surviving interviews, finding the right job, etc. Leslie can be found at the end of local 299.

Counselling

The counselling staff at Cap are trained to do educational, vocational, academic, marriage and personal counselling. Some students say the Counsellors here are fantastic. Some swear that they're terrible. They may be both, but since you have a choice of nine counsellors, you're bound to find one you can get along with.

Some of the interesting things that the counselling division also offers are a testing service with vocational and psychological tests and a collection of information on self-help and vocational choices. Check out NF102.

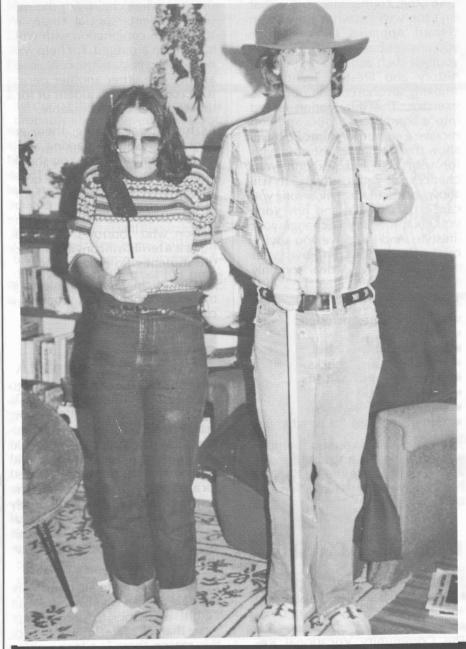
During registration the counsellors can all be found on the south campus for drop-in counselling, but they will be moving back to their regular offices later:

Jan Fraser	A112
Greg Sharpe	B106
Lanalee Schmidt	NF104
Gary Siegrist	A111
Lynne Mansfield	A111
Bob Bagshaw	NF107
Dave Jones	B102
Joanne Mah	A112
Marg Penn	B105

The reception area for counselling is still on the bottom floor of NF. All the counsellors are available for course, job and personal counselling except for Greg Sharpe, who doesn't do personal counselling. The reception desk is at the end of locals 298 and 400, or drop by in person to NF102.

Chaplain

New boy on the block this year is chaplain John Hardy. He will have a schedule posted on his office door (NF29) of when he'll be where. But in the mean time you can always contact him at his office, 985-1122, or at home, 984-9475. The chaplain frequently works in conjunction with the counselling department.



Learning Assistance

The Learning Assistance Centre is located in the Towerin room A113. The people there can help you learn how to write essays, improve your spelling and study skills, etc. The LAC offers private tutorials and workshops throughout the year.

The LAC also has some quiet study area and typewriters for student use.

Workshops are being held this fall on all sorts of different topics and one of them may be just what you need. They're also free. Give Donna Van Norman, the Co-ordinator, a call at 356 if you're interested.

Women's Resource Centre

The Women's Resource Centre is another one of the little known services that Cap has to offer. It is in the Tower in room A108, and there is also another one, independently run, up in Squamish. The WRC offers a large variety of services for women, including counselling, testing, workshops and courses.

Counselling can be arranged or you can just drop in. You have to arrange ahead of time for career testing. Workshops and courses offered deal with things like confidence building and career finding. Watch for posters around the college advertising times and dates of these events.

The WRC contains an extensive library of books, periodicals, bibliographies, catelogues, brochures and current popular women's magazines. Loans are for 2 weeks to students, staff, faculty and the community.

For more information, read some of the WRC fliers and posters which are plastered all over the college, or just drop in. There is also a mailing list so you can be informed ahead of time of special events. Although it is a **women's** resource centre, men are also welcome to use the facilities.

Health Services

Everyone knows what to do when they feel sick on campus, or get into an accident – go to the nurse. Health services, and nurse Cathy Zuest, can be found next to the north library at ND102 or at the end of local 271. This facility provides a lot more than first aid; it gives health counselling on:

- short and long term illnesses
- preventive health care
- nutrition
- pre and post natal care
- communicable diseases
- immunization

One other counselling service that isn't too well known is the Health Hazard Appraisal In confidence you answer basic questions about yourself such as age, sex, medical history and lifestyle habits like smoking, alcohol consumption and exercise. The information is fed into a computer at UBC and you receive a computer printout. It will show the 12 main causes of death for your age and sex and your chances of getting them. It will show your actual age, how long you can expect to live and how long you could live if you change your lifestyle. And they give you advice on how you can improve your health. Not a bad deal for only \$2.50 per person.

Another service provided is physical health care, including:

- first aid
- weight control
- blood pressure checks
- vision and hearing tests
- allergy injections
- urine/pregnancy tests
- skin caliper test for weight

There are also dozens of pamphlets available for just about every aspect of health, either at the ND hall display or in the Health Services office.

Handicapped Facilities

If you have a handicap that requires special services at Cap, you should contact counsellor Dave Jones immediately. Together with the Community Vocational Re-

habilitative Services of Vancouver, the college can arrange for special services.

Changes have already been made on campus to aid those with wheelchairs, and as of this fall, several blind students. The Rehab Serivces makes assessments of the students' needs and then helps finance the necessary changes. All buildings on campus, except NF, have either direct access for wheelchairs or ramps for both the first and second floors. The Tower also has an elevator.

Each building has at least one washroom that can be used by those in wheelchairs. For the new blind students special library resources, in conjunction with UBC, have been arranged. For help with note-taking in class, the college will arrange for either another person to accompany the student or for a taperecorder to be available.

As for special parking, there are very few reserved parking spots close to the buildings. You should apply immediately for one. These spots are no-tow, that is, cars that don't belong there will not be towed away. This is great for the person who "borrows" the spot, but it is a terrible inconvenience for the student who belongs there.

If you anticipate any problems in these or other areas, contact a counsellor.

Daycare

It is usually a shock for students to discover that the daycare centre is not there for the use of young mothers. While it is true that students can place their 3 to 5 year old children there while they attend classes, the centre was designed for an entirely different reason. The centre is for students taking Early Childhood Education for practical experience. Graduates of this course run the centre with students helping out.

Because of the regulations concerning daycare centres, the Cap centre is unable to accomodate more than 25 of the little dears. For this reason there is a long waiting



list during the year and the centre is probably filled up even now. If you want a placement you had best phone **now**. You can contact Eleanor Worman at local 361 or drop down to the Early Childhood Education centre in the Tower.

If you should be so lucky as to get your child in, you will know that the centre operates from 7:30am to 6:00pm all year except for holidays. Although the cost has probably gone up it is in the neighbourhood of \$150 per month.

Athletics

Once again there are lots of team sports offered this fall for people who are enrolled in at least 3 credit courses. If you have any questions, contact the fitness centre where someone is sure to have the answers.

Basketball

Women start at 4:00pm on Sept. 8 at the North Van gymn. Men start at 5:30pm, same bat-time, same bat-channel.

Soccer

Men only this year, starts Sept. 4, 5 and 6 from 12:30pm to 2:30pm at the Fitness Centre.



Men again, also at the Fitness Centre from 12:30 until 2:30pm, but only on Sept. 3 and 5.

Volleyball

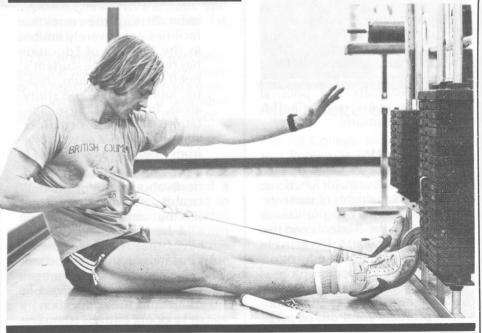
For women, this time, on Sept. 22 at 7:00pm in the North Vancouver gymn.

There will also be curling and badminton, although the times haven't been arranged yet. Contact the Fitness Centre if you're interested.

Fitness Centre

Yes, there is a fitness centre on campus. You may not have realized it is there. It's the thing that looks like a furnace room or something below the south parking lot. The concrete building looks small from the outside but inside it offers eveverything a regular centre would offer.

It has the usual locker rooms₁₂ showers, saunas₁₂ equipment room and a universal gymn. There should also be a few group fitness clubs to join. And if you want to see how fit you really are, arrange for a free fitness test. Whatever your condition, the centre always has something to offer you.



Student Society

What is the CCSS?

The Capilano College Student Society (CCSS) is designed to protect the rights of students and to provide services.

Foremost, the Student Society is you. It is composed of every registered student at Capilano College. When you sign up for classes, you pay student a student activity fee of \$1 per credit hour. This money is used to fund student activities and organizations such as the housing and information centre, the Capilano Courier student newspaper, beer gardens, pub nights, the Free Film series, noon-time entertainment, speakers and membership in both the provincial and national student unions.

Each member of the CCSS can decide its future by voting at the Annual General Meeting, the Special General Meetings, and annual elections. At annual elections an executive is elected to take on the responsibility for the day-to-day activities and work of the CCSS.

Elections for five positions on the executive will be held in late September. If you are interested in student politics or want good first hand experience dealing with petty bureaucrats and political hierarchies, consider running for one of the positions.

Philosophy

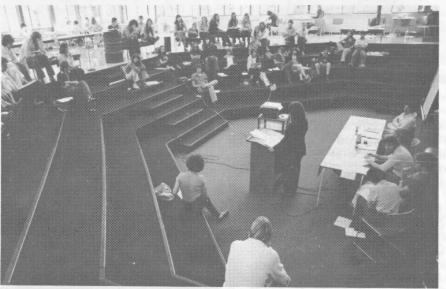
The CCSS has four major functions:

1. To protect the rights of students. The CCSS acts as the liaison between the students and the rest of the college. It is actively working to make education accessible to everyone. It protects your rights to reference materials and quality instruction. It protects you from physical and verbal abuse by instruc-

tors and administrators. It works to protect your health and promote good learning environments. It protects your right to grieve actions of instructors and your right to appeal unjust grades.

2. To provide student activities and events. To escape the pressures of education, students must have some recre-

4. To make the students' voice heard on the internal governing committees of the college. Cap is one of the few provincial colleges that has students sitting on the Grade Appeals Committee. The CCSS is working to get voting student representatives on the college board. There are CCSS reps on all of the college committees, including the Principal's Advisory Committee and the Physical Planning Committee. Because the college exists for the students, it is important that students have a say in what goes on at Cap.



ation. At Cap the recreation facilities are severely limited as the Ministry of Education has recognized the student's need for a gymnasium, theatre, lounge space, and study areas. In spite of these limitations the CCSS organizes student activities all year long from beer gardens to films.

3. To provide information to students about student and political issues not only on campus but across the province and beyond. The CCSS believes that there is more to education than what you will pick up in class. It encourages students to get involved in completing their education by developing an understanding of the world outside of Cap.

If you are interested in the politics of Capilano College or would like to see some changes made, come out and get involved – be a student society representative.

Course Unions

Course unions have not grown to any great extent within Capilano College, neither physically nor politically. The CCSS executive encourages and promotes course unions and will aid areas within the college to develop course unions if they are desired. All course unions are a sub-committee of the CCSS executive.

A course union represents the problems, ideas, needs and desires of specific groups within the college.

It also serves as a major communication link between the CCSS executive and the course union members. Course unions also serve to promote social activities between their members.

Several course unions have been initiated over the years – the Music Students' Union, Outdoor Recreation Students' Union, Art Students' Union, Early Childhood Education Students' Union, and the Retail Fashion Students' Union. Information on starting a course union is available at the CCSS office, room A114 in the Tower.

Clubs

One of the few things you can do to have a good time and meet people at Capilano College is get involved in a club. Watch for posters and sign-up sheets at the Info Centre and North Cafeteria. Some of the clubs that have been around in past years are: Badminton, B'hai, Creative Writing, Dogwood, Ladies Soccer, Outdoor, Ski Racing, Swim, Tennis and Volleyball.

CCSS Budget

As a member of the student society you can expect your \$15.00 (if you're a full-time student) to be used as follows:

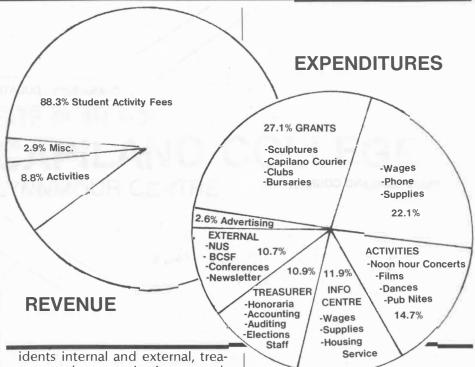
Activities\$2.2	1
Office\$3.3	1
Info Centre\$1.7	9
External\$1.6	0
– NUS 50¢	
- BCSF 50¢	

- Other 60¢
 Treasurer.....\$1.63
 Grants.....\$4.07
 - Sculptures 19¢Clubs 39¢
- Capilano Courier \$3.29Bursaries 20¢

Advertising......\$0.39

Elections

There are two CCSS elections held each year. In the spring, just before the semester ends, elections are held for the president, vice-pres-



idents internal and external, treasurer and communications co-ordinator. These five lucky people can then start planning things for the fall semester and keep tabs on what's happening around the college over the summer. The activities co-ordinator is also hired in the spring.

In September the rest of the CCSS executive is elected: two academic reps, two career reps and an ombudsperson. Nominations for these positions open on September 10th and close on the 23rd. One week of campaigning is allowed from September 24th to the 30th. The elections will be on October 1st and 2nd.

To be nominated for an executive position you must get the signature of 15 registered students on a nomination form, which is available (where else?) in the CCSS office.

'Down South'

We know there's a north and a south campus at Cap, but just to emphasize the obvious, the Retail Fashion Boutique is named 'Down South.' It is, you guessed it, on the south campus, tucked just inside the main entranceway to the Tower and across the hall from our friends the CCSS. It sells clothing, artwork and other bits and pieces of things,

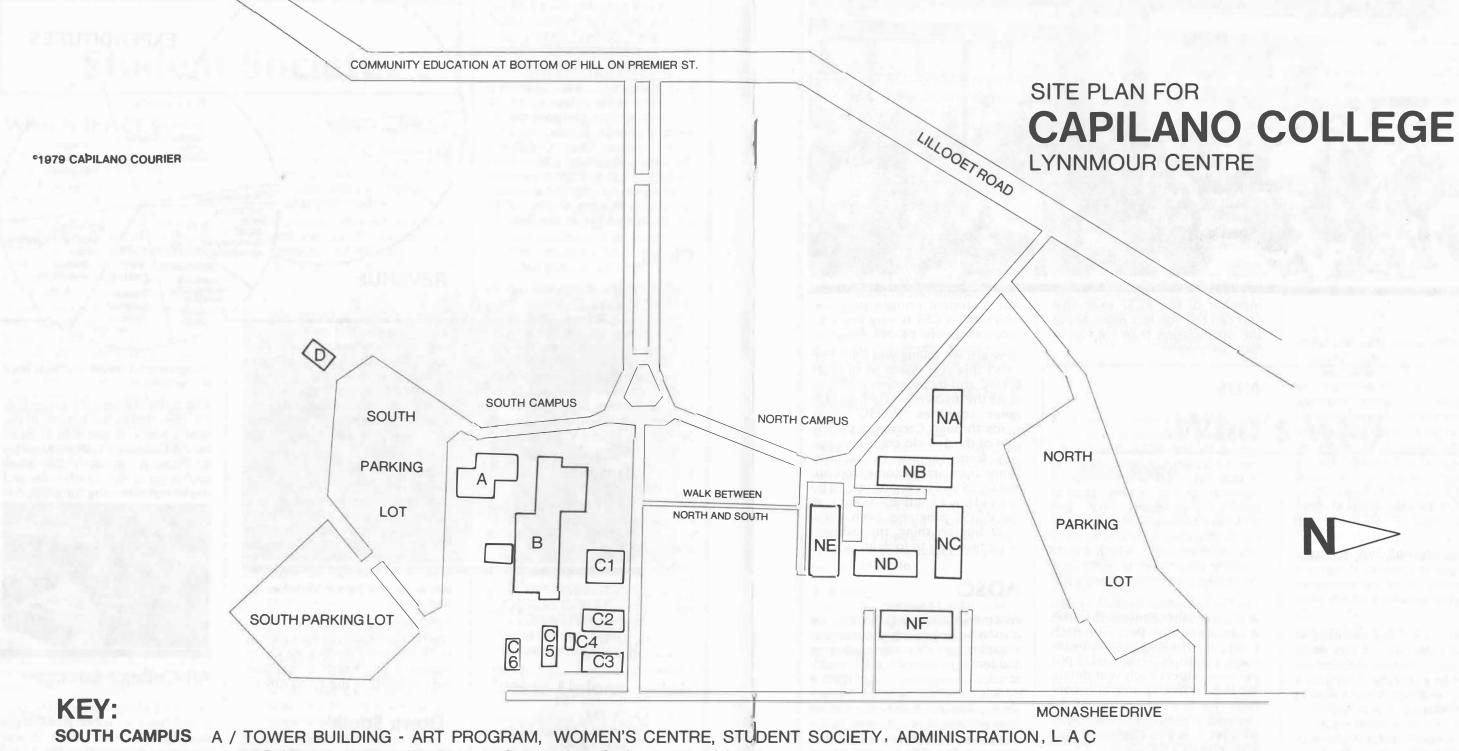
many created by art students here at the college.

Stop by and browse, if you can fit in the store that is, but beware of the store's hours. It generally is open from 11:30am to 1:30pm Monday to Thursday, which is fine when you've got a dull lunch hour and you're not cramming for a test.



All College Lounge

The All College Lounge (ACL) is also known as room A117, right next to the CCSS office. It was originally designed to be a student lounge – a place to hang out, listen to good music, do your homework and even socialize. But because the ACL is one of the few large rooms on campus, it is often booked for college activities. It is still available as a student lounge most of the time – and it's all we have, so use it.



B / REGISTRAR, MEDIA CENTRE, FACULTY OFFICES, DYNAMICS LAB

C1 / BUSINESS, COMMERCE

C2 / BIOLOGY LABS

C3 / CHEMISTRY LABS

C4 / PRINT SHOP

C5 / GEOGRAPHY - GEOGRAPHY LABS

C6 / DAY CARE CENTRE

D / FITNESS CENTRE

NORTH CAMPUS NA / MUSIC

NB / CLASSROOMS, BUSINESS FACULTY OFFICES, B.T.S.D., M P C

NC / CLASSROOMS, LANGUAGE LABS

ND / PERIODICALS LIBRARY, STUDY, AUDIO-VISUAL, HEALTH SERVICES

NE / CAFETERIA, BOOKSTORE

NF / CLASSROOMS, FACULTY OFFICES, FINANCIAL AID OFFICE, NEWSPAPER OFFICE



BCSF

The British Columbia Student's Federation (BCSF) was founded in 1975 by students who saw the need for a united provincial voice to safeguard the students' interests. Since then the BCSF has monitored provincial government policies and programs, lobbied the ministers of education for improved student assistance programs, increased summer employment for students, and obtained additional student housing and a freeze on tuition fees.

BCSFs membership is made up of local student unions. When the CCSS joined BCSF, each student on campus became a member of BCSF.

The underlying philosophy of BCSF is basically that of the CCSS. BCSF is working to make education accessible to everyone. This year's campaign will include work around student housing, daycare facilities for parents who wish to return to post-secondary education, student and student unemployment. In order for the work of BCSF to be effective its membership should support the campaign and take an active role in the actions and lobbies.

If you are interested in BCSF, why not drop by the CCSS office? Catherine Ludgate, vice-president external for the CCSS, is also a member of the BCSF executive and can tell you lots more about the organization than we can in four paragraphs.

NUS

The National Union of Students (NUS) is a lobbying organization similar to the BCSF. The fundamental difference between them is that NUS addresses itself to national problems and federal education programs. NUS and BCSF are talking about affiliating within the next year and forming one student union which would operate country-wide while concentrating on provincial problems.

The CCSS belongs to NUS, so you and every other student at Cap is a member. You pay 50¢ each semester to belong to each organization. Both BCSF and NUS put out newspapers each year detailing their activities and new concerns for students. If you're interested in getting more involved with NUS, talk to Catherine Ludgate in the CCSS office.

WUSC

World University Service of Canada (WUSC) works in co-operation with Canadian students and students' unions to promote social and economic development at home and abroad. It also spon-

sors a student refugee program, which the CCSS is very keen on promoting.

Why are we telling you this? The CCSS this year wants to support WUSC and its programs and promote the involvement of Cap with other countries. WUSC raises funds through **Caravan**, a collection of third world crafts that travels from campus to campus. When the Caravan comes to Cap, the CCSS will be urging you to go out and buy a few things to support the WUSC programs. Even if you can't buy anything, the exhibits are interesting to look at.

AOSC

As a member of the CCSS, you are also a member of yet another organization: the Association of Student Councils (AOSC), a national, non-profit organization which provides services to students. The most important thing that AOSC offers right now is the Canadian Universities Travel Service (CUTS). CUTS offers travel packages designed for students at the best prices around. If you're planning to do some travelling, why not do your booking through AOSC/CUTS? Their Vancouver number is 224-2344, or if you're out at UBC, drop by their office in the Student Union Building.

AOSC also offers International

Student Identity Cards (ISIC). Over 1,000 retailers nationwide offer discounts to ISIC holders, many of them in Vancouver. The ISIC will get you up to 50% off rail, air and bus lines, student charters, museums, galleries and theatres internationally. The CCSS will be selling the ISIC on campus when Caravan arrives. It costs only \$3.50 and gets great returns.

Boycotts

The CCSS has decided to get very political this year and is advocating support of the following boycotts:

1. South African wine.

Purchase of South African products, especially wines, help perpetuate the apartheid regime which oppresses 200,000 blacks in South Africa.

2. Chilean products.

Purchase of products from Chile supports the military dictatorship and terrorist regime, which is particularly oppressive of students, instructors and educational institutions. Thousands of students have "disappeared" from their homes or been subject to public torture in Chile.

3. Banks

Canada's chartered banks continue to be major supporters of the apartheid regime in South Africa and the military dictatorship in Chile through their continued practice of making large loans to these countries. In the spirit of community and co-operatives, why not invest in a credit union? (Ed. note: the CCSS has its account at the T-D Bank)-

4. J.P. Stevens Textiles products Boycott until the company recognizes the right of workers to organize and form a union.

5. ITT

Boycott of hotels owned by ITT, which continues to be one of the major supporters of the military dictatorship in Chile.

The Courier

The Courier is that epitome of brilliant student journalism that is published at the college every other week. This illustrious, superior paper also publishes the Survival Guide.

The Courier started in 1968 as a journalism class paper called the Mountaineer and then continued from 1969 to 1973 as The Id. The Courier is no longer connected with any programs at the college—it's strictly volunteer and is funded by the CCSS.

The Courier is typeset and laid out here on campus in room NF209 in the midst of chaos and confusion, mayhem and debauchery at all hours of the day and night. Interested? The Courier is a member of Canadian University Press which is a national co-operative organization for news and information exchange. There are over 60 college and university papers in CUP across the country and we get a weekly news and feature service compiled in Ottawa.

The Courier needs help. We need writers, photographers, typesetters (we'll train you), layout artists, artists, ad salespeople, sports reporters, eccentrics, hangers-on and campus spies. Some positions on the paper receive a minimal reimbursement (ie. \$50/month) while others are strictly volunteer.

Stick your head in the door of NF209 any time or phone us up at local 200. We're very friendly.

Who's who

College Board

The College Board is the central decision-making body at the college. There are eleven members on the Board – five are appointed by the school districts in the college region (North & West Van, Howe Sound and the Sunshine Coast) and six are appointed by the Department of Education. Two students, two faculty and two staff members also attend board meetings as non-voting representatives.

The principal, Paul Gallagher, must answer to board and acts as their front man to the college. All decisions on college policy, action and construction are made by the board but funnily enough, you never see any board members on campus to explain the rationality of their decision. Whether we like it or not, the invisible Board is The Power That Be around this college.

Committees

The College is divided into three constituent groups: the Student

Society (2,720 members), the Capilano College Faculty Association (346 members), and Local 4 of the Association of University and College Employees (170 members), or, put more simply, students, faculty and staff. There is also the administration, with 15 members. Each of these groups have designated voting representatives who sit on the many weird and wonderful college committees.

There are five committees: Health & Safety Principal's Advisory (PAC) Instructional Board Physical Planning (PPC) Food Services.

These five committees deal with issues that fall within their mandate, which is normally apparent from the name of the committee. After the committee discusses and reaches a decision on an issue a recommendation is made to the Principal, Paul Gallagher. He will rule on the suitability of the decision, and if it's okay, then he will ensure that the recommendation is carried out. A lot of the time he must take the recommendations

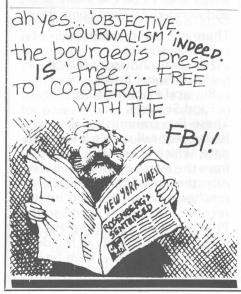
to the Board, which has the final say in all college affairs.

There are also four other committees at Cap which are not in the limelight so much. The Canadian Studies committee attempts to provide more Canadian content in courses on campus. The Women's Studies committee is run through the Women's Resource Centre and promotes, you guessed it, women's studies at Cap. The College Foundation solicits and administers donations to support the work of Cap in the community and particulary to provide bursaries and scholarships to Cap students who might otherwise be unable to continue their education. Cap is one of three colleges in B.C. that allow student representation on the Grade Appeals committee, which acts as an arbitrator between students and instructors in grade disputes.

The CCSS is always trying to drag people out of the woodwork to sit on these committees, so if you're interested, make it easier on the other students, and turn up in person in the CCSS office right away to offer your services.

A.U.C.E.

A.U.C.E. stands for Association of University and College Employees. The staff at the college are members of A.U.C.E. – Local 4 to be precise. The current president of A.U.C.E. 4 is Bob McKee from Central Stores.



C.C.F.A.

The Capilano College Faculty Association is what the faculty members around here belong to and negotiate contracts with the administration through (well, most of them). Karl Kobylansky is the current president of the CCFA.

Principal



Paul Gallagher is the principal of this college, so now if you see him around you can recognize him and say hi, instead of wondering who the short guy in the suit is. Gallagher's well known for his concern with student issues and if you have a serious beef about the college he will probably make time to talk with you. Basically, Gallagher is an OK guy.

Registrar

The bearded, harassed looking man you see zipping around the Registration area is David Wooley, a recent arrival to the exalted heights of Registrar. Not only does he talk to computers, especially when it's time for the transcripts to go out, but he too is known for a friendly attitude towards students. You can find him and his merry band of transcript takers hidden in the depths of B building, behind the main reception desk.

Academic Dean

After 1½ years at the college, Frank Gelin has settled into his position of Dean of Academic Studies. He and the other two Deans hang out on the second floor of the Tower, where they handle all kinds of boring and tedious work associated with running a college. Students generally are not expected to mingle with deans, but if you have to you better make an appointment.

Career/Vocational

Harold Kirchner has been around the college a while as Dean of Career and Vocational Studies. He is responsible for all the career and vocational programs, which seems obvious from his title but not so obvious when you try and figure out how many courses fit in that category.

Instructional Services

Dean of Instructional Services, which basically means everything else that the other two deans don't cover, is Doug Jardine. Jardine has also been around the college for a while – he was acting principal before Gallagher got here.

Bursar

The Bursar is Klaus Thiel. The favourite quote attributed to him is, "This college would run much more efficiently if there weren't all these students around." 'Nuff said.

Facilities Supervisor

If you bump into a fierce looking man with a cigar, chances are you've met Ken Hughes, Facilities Supervisor of this college. Ken has a bad bark. And a bad bite. And he keeps everyone jumping. But he's basically a good guy, so don't worry.

Survival tips

The bus

Theoretically buses arrive at the college at 7 minutes to the hour and the half hour and leave at 8 minutes after the hour and half hour. This theory does not pan out in bad morning rush hours or on the several afternoon runs that the bus leaves five minutes early to make a loop up by the Grantham bridge. Try not to cut it too close, or, better yet, get a bus schedule. There are always a big stack of them next to the main reception desk, just outside of registration.

Bus Passes

If you are a registered full time (3 courses or more) student at Cap you are eligible to buy a GVRD bus pass. The pass is the GVRDs concession to the fact that fares are ridiculously high, especially for students. If you use the bus at least ten time a week you will probably find a pass worthwhile, partly because it's just handy not having to have change around all the time. If you use the pass more than that, it's a good deal.

Bus passes are available on a monthly basis at the CCSS office, room A114. Passes go on sale the last week of each month. They cost \$18 and the CCSS office person will only accept cash.

Cycling

For those students concerned about keeping fit — the CCSS is working on getting a physical/recreation complex on campus. The need for such a facility has been officially recognized, but all the college has come up with so far are some bike racks. They are located in the most obscure, out-of-the-way places as well: behind the chemistry labs and in the

north campus parking lot.

So cycle to college to keep in shape and save money too. Who knows, maybe next year we'll have a swing set. In the meantime, the CCSS is working on the Facilities Supervisor to get more bike racks in accessible places, like the south campus courtyard and some easy-to-get-to place on the north campus.

Hitch-Hiking

If you can't afford a bus pass, there are hitch-hiking signs at the junction of Lillooet Road and Purcell Way. There are three signs: Second Narrows Bridge, Upper Levels Highway, and Deep Cove/Mountain Hwy./Main Street. Stand by these signs so the potential driver knows where you're going.

Car Pools

If you would like to participate in a car pool, inquire at the Info Centre (room B178).

I.D. cards

Your ID card is that little blue and white wallet sized plastic thing that should have come with your confirmation of registration. If it didn't, go to the Registrar's office and find out why.

Your ID card has your student number on it which is a good thing because no one ever remembers





a student number. It is practically a necessity on campus and practically useless anywhere else because you need your ID card for signing out library materials, films, A/V equipment and such, but most commercial establishments won't accept it as ID because it doesn't have your photo on it.

Everytime there is an election or a by election and you vote, the CCSS will think up a new way to mutilate your card so you can't vote twice. And you can't vote without it.

If you lose your ID card you can get it replaced by the Registrar's office, but they'll charge you a couple of dollars for the service.

Study space

The most notable thing about study space on this campus is its absence. If you are looking for a quiet table or desk to work at, you're going to have to do some searching. There are caralls in both the north and south libraries, but not too many, and there are a lot of distractions if your concentration isn't the greatest. There is also a quiet study room in the Social Sciences area, as well as a lounge set up that you can use, and a Silent Study room across the hall

in the humanities division. And there are a few more desks located on the bottom floor of the NF building, where they incarcerate the natural sciences and outdoor recreation faculty.

Apart from that, you're on your own. Schedules will be posted outside of every classroom so you can check to see when they'll be empty. If that doesn't help and it's raining and you aren't attracted by the inspirational scenery of dirty cafeteria dishes or flushing toilets, you are out of luck.

Take a long bus ride, visit a local library, or study at home.

Photo copiers

There is a very nice, somewhat expensive photocopier in the south library and a fairly good, somewhat cheaper one in the north library. You can also copy from microfilm on the scanners for 10¢ a copy in the north library.

The administration has a lot of its own photocopierse around, but if you're thinking of sneaking a copy some dark and stormy night you'll probably be out of luck because they're operated by Xerox keys. The reason is not really because they're suspicious of pennypinching students, but if each department has a coded key, it makes it easier for them to keep track of costs.

The student society also has a copy key and if you need copies for some great and exalted purpose (club business or whatever) they'll probably let you borrow it. Make it a good reason.

Typewriters

There are lots of lovely electric IBM selectric typewriters all over campus. They are not for student use.

In the north library there are a few tempermental manuals which are for student use – that is, if they're working.

Alternatives: The student society has a typewriter, but they don't



want anyone else to use it. The Courier has a manual but it isn't working. If you look like a faculty or a creative writing student (kind of strange) you might be able to get away with using the electric in the humanities division workroom. Or you can disguise yourself as staff. Or bribe someone. Or write....

Telephones

There are many telephones on campus. Somewhere in the college by-laws it is rumoured to say that they are not for student use (with the exception of the CCSS and the Courier). However, just in case you want to pretend to use them, the basic rules are these:

• Dial 9 to get an outside line

• For inside calls, just dial the appropriate 3 digit local. Local numbers can be found (surprise!) in the Local Directory. There should be one by every phone that you might be pretending to use.

• Hang up the phone for 15 seconds after each call (so incoming

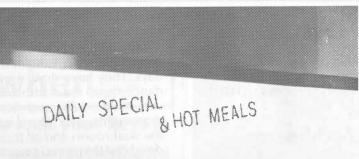
calls can get through).

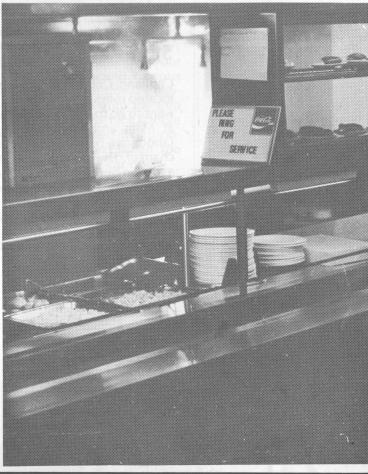
• Calls coming through from outside the college can be transferred by depressing the switchhook, dialing the local you want and then hanging up when they answer (after telling them that you are transferring a call). If there's no answer, depress the switchhook again and you should have the caller back. Inside calls cannot be transferred.

Payphones are located on the south campus just outside the cafe-theatre and on the north (all two of them) just outside the cafeteria. They occasionally work. But don't hope to be lucky enough to find a phonebook attached to the phone that is working.

Cafeterias

Cafeteria food will not kill you. This is the first thing you have to get into your mind and keep there, despite the constant jokes on the subject. In fact, for the price you pay, you're not getting a bad deal so quit griping.





The north campus cafeteria (NE building) has hot meals at lunch and dinner, a salad bar, milkshakes and ice cream bars. It should be operating the same hours as last year, which were 8:00am to 8:30pm Monday through Thursday and 8:00am to 3:30pm on Fridays. The staff in the cafe are pleasant and helpful, especially if you pick up your dishes after you.

The south campus cafe-theatre has a smaller selection with a higher percentage of grease. It's open Monday through Thursday from 8:00am to 3:30pm and then from 6:30pm to 9:00pm. Or it was last year. Fridays it closes at 1:30pm,

but who wants to be here on a Friday anyway.

There's often noon-time entertainment in the cafeterias, like singers, bands, comics, and the CCSS executive). Check the schedule in this Survival Guide for a better of idea acts, times and places.

If you don't want to eat at the cafes or are weary of the food, you really don't have much choice. You can bring your own, or take a ten minute hike down to the Coachhouse (coffee shop or pub) or the corner grocery at the bottom of Lillooet Road. It'll probably be more expensive, but then it's good exercise.

The Coachhouse

You may wonder why the Coachhouse hours are included in Survival tips. Then you have a lot to learn.

If you want to eat somewhere other than the college, the Coachhouse coffee shop, located upstairs to the right of the main lobby, is open from 7am to 11pm Monday through Saturday, and 8am to 11pm on Sunday. The food is more expensive than the campus cafes but edible. But don't order beer or other liquor there - it's hideously expensive.

Now, to the crux of the matter. The Coachhouse pub (downstairs and

around the corner-just follow the dump truck drivers) is open from 11:30am to midnight weeknights and 11:30am to 1:00am on Saturdays. They have draft, a miniscule dance floor, red and black decor, very loud music and live bands most nights, dirty joke machines in the washrooms and all those other delightful things you associate with beer parlours. They also have a lot of Cap students around.

Stores

Capilano College is conveniently located miles from nowhere. If you want to go to a bank, the nearest is at Main and Mountain Highway (about five blocks from Phibbs Exchange). The nearest liquor store is a toss up because they're all several miles away. There's one at the Dollar Shopping Centre in Deep Cove, one on 2nd at Chesterfield just off Lonsdale, and one in the Lynn Valley Shopping Centre across from the Safeway.

The nearest supermarkets are also miles away. However, there are the good old corner grocery stores. The nearest one is at the bottom of Lillooet, across from the Coachhouse. Its hours are 10-9 Monday through Saturday, and noon - 6 on Sunday. If you have to get something earlier or later than that you can try the store just across from the Seylynn Hall (where the bus turns before the overpass on its way to Cap).

Housing

Capilano College and the other post-secondary institutions in the lower mainland and Victoria are facing the worst housing crisis in vears. Estimates vary, but some say that 10,000 university students alone will be unable to find accomodation. Others say that this is the worst housing crisis since WWII when troops stationed here were living in trailers and make-shift tents and shelters. Even the government has recognized the magnitude of the housing shortage this fall.

Cap has no student housing. None. However, the college does have programs that are unique to the province and a few that are unique within the country. If you plan to commute from Squamish or the Sunshine Coast, or if you're a student from out-of-town, check with the Financial Aid officer to see if you qualify for travel and/or accomodation grants. Or go if you're desperate.

There will be many students who will not be able to attend Cap simply because they have nowhere to stay. In anticipation of the housing crisis, the CCSS is preparing to set up emergency shelters and temporary accomodation for students who can not find anything else. The CCSS with BCSF is pressuring the government to come up with both short and long term solutions to the housing problem. If you are having trouble finding a place or are ready to drop out and head back east to Mom and Dad's, drop into the CCSS office or the Student Housing Centre (in the Info Centre).



What to do when...

...they tow your car away

Scream and curse and jump up and down.

Then you go to the nearest phone and phone up Autow at 689-1441. Then go pick up your car (in a lot near, where else, the Coachhouse).

One warning - you're going to have to have the cash on you. Repossessing your machine will cost you somewhere around \$30 and they don't accept personal cheques, collateral or Mastercharge.

The best idea is not to park illegally in the first place. Our diligent friend Bruce, the tow truck driver, is alays around, as anyone who has been at the college for a while can testify.

And, by the way, they don't take responsibility if they hook up your

...you lock your keys in

Scream and curse and jump up and down.

Then, assuming that you are not good at breaking into cars and don't carry coat hangers around in your pocket, go to the south campus security office (just beside the registration desk, across from the Info Centre) and talk to the nice people there. They've handled this problem before and won't laugh too hard as they get your car open.

...you lose something

Scream and curse and jump up and

Then go to the Info Centre. They handle lost and found items all year and will do their best for you. Once

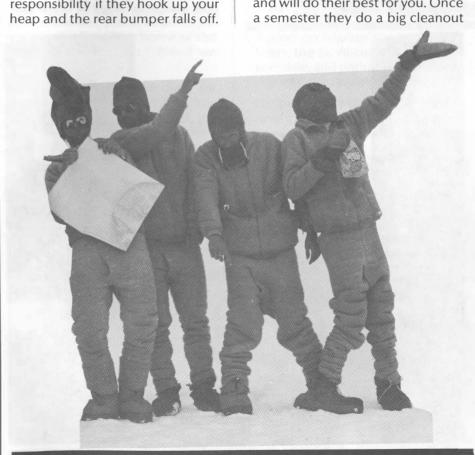


of unclaimed items and if something comes in that's valuable they'll sometimes advertise it in

Which is your other alternative. Classified ads in the Courier are free to students, so try advertising.

Everyone gets to that time where they have a four page list of texts to buy and all of them are expensive. Unfortunately most of them will have to be purchased at the college bookstore. You can try other college and university bookstores but they aren't likely to be any cheaper.

You can also, especially for very common texts, dictionaries and novels, try the used bookstores on the North Shore. There are four:



O'Day Books, 240 Lonsdale – take the Crosstown bus from Cap to 3rd and Lonsdale and walk downhill on the east side of the street.

Pacific Books, 135 Lonsdale-transfer at Phibbs exchange from the Crosstown to the Queens and get off on Lonsdale in front of the North Shore Credit Union (around 11th). Pacific is right across the street.

Carousel Books and Records – 1800 block Lonsdale. Catch the Queens to 19th, and walk 1 block down on the west side.

The Bookstall, 1425 Clyde, in West Vancouver is the largest of the lot, but the furthest from Cap. To get there take the Crosstown to Park Royal, transfer to a West Van bus that goes along Marine Drive as far as 15th, and get out n front of the McDonalds. If you walk through McDs, through the parking lot and onto clyde you will be right in front of the Bookstall.

There are, of course, lots of other bookstores in North Van, but if you're going to buy it new it will probably be cheaper at the campus bookstore as they sell on a cost recovery, not profit, basis.

...you need help, fast

First Aid

If you require first aid, or even second or third aid, follow these simple instructions:

- 1. Go to the nurse's station at ND 102 or phone local 271. The nurse is usually there from 9am to 4pm weekdays.
- **2. Phone the switchboard** at "0" if there is no answer so they can connect you with a member of the staff or faculty who has an industrial first aid certificate.
- **3. Call maintenance** at locals 228 or 209 if the switchboard is closed. One of the maintenance men has his certificate.
- **4. Call emergency numbers** on the back of the college phone directory if there is no one to help you on campus.

Relaxing

Eateries

The nearest places to eat that are interesting aren't near. The Coachhouse has tolerable food (a coffee shop and a restaurant – we won't count what's in the pub) and the Lynnwood also has food. One place that's worth hitting is the Venice Bakery on Main Street, about 4 blocks west of Phibbs. It has fresh baked food and a deli which both serve excellent food.

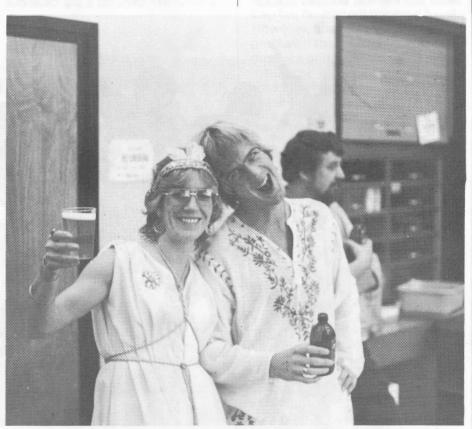
Just off Keith Road, at the bottom of Grand Boulevard, is the Czechoslovakian Restaurant which is quite reasonable. The Haere Mae on Lonsdale at First is good for lunches (New Zealand food) and if you get into fish try the Oyster Bar at Lonsdale and 15th. For curry fans the Isa Lei or Sanjay's Curry Hut, or whatever it's calling itself now (on Lonsdale at 15th) is also low in price.

Our favourite is the Queen's Cross at Queen's and Lonsdale. A neighbourhood pub, it serves a really good, cheap lunch along with your favourite alcoholic beverage. And of course, there are a lot more places, so check around.

If you get the munchies at 5 am you have only two choices – Bino's at 20th and Lonsdale and Denny's by the Lion's Gate Bridge. Another 24-hour restaurant come place to get food is the 7-11 on 34d Street near Lonsdale, as well as the Mac's Milk at 12th and Lonsdale.

And we're not going to tell you where the McDonalds are.

The nearest Chinese food is Yics on 3rd, just off Lonsdale. The best Chinese is Capilano Heights right by Cleveland Dam. There are a hell of a lot of pizza places, but our vote goes to Doxa Pizza at 18th and



Lonsdale, which serves pizzas with whole wheat crusts. For health food there is a health food bar in the store at 14th & Lonsdale, next the McGill's, and another in the Westlynn Mall.

Bon appetit.

Drinking establishments

There will be those occasions when you want to drown your academic sorrows or celebrate success or forget your homework or inebriate yourself and you'll want to find somewhere to do so. The closest spot is the Coachhouse.

The pub downstairs serves draft and other drinks and rates about 7 on a grotty scale of 1 to 10. Upstairs there is a coffee shop which is licensed and will you ever pay for it. There is also a tolerable sort of bar as bars go, with low key entertainment in the evening.

Next closest to the college is the Lynnwood Hotel which has a pub and coffee shp. The Lynnwood advertises itself as "the home of the long distance trucker." Need we say more?

Other places, if you like draft, are the Olympic on 2nd at Lonsdale (and a 10 on the grotty scale), the



Avalon on Marine Drive just past Sears, the St. Alice on W. 2nd and Lonsdale, and perhaps a few others. We rate the Avalon the best.

For more cosy drinking, there is a neighbourhood pub at Queens

and Lonsdale (the Queen's Cross) and one in Horseshoe Bay (the Troller). Some people like the bar in the Harvest Restaurant – the Snuggery. And from there you're on your own.



In a larger perspective...

The history of Capilano College is, believe it or not, really interesting. It's certainly got more to it than the little paragraph they put in the front of the calendar.

Getting a college for the North Shore involved quite a fight. During the 60's a lot of people decided that a college was needed to provide vocational training for high school grads and an alternative to trekking all the way out to UBC. This was also when they had begun to think about continuing education.

So, educators, politicians, businessmen and residents got together, along with reps from School Districts 44, 45, 46 and 48 (North and West Van, Howe Sound and Sechelt) and made a proposal to Victoria. Victoria was unenthused. The proposal was made a couple of more times. Still no luck. Finally when Victoria gave the go ahead to colleges everywhere else the North Shore residents got anoyed enough to kick up such a stink that the province couldn't ignore it. And so the college began.

Districts 44, 45 and 48 passed a referendum to fund the institution and it was opened in 1968. But not anything like it is now.

In 1968 Capilano College had no buildings, no books and only one full-time faculty member (who is still, incidentally, teaching at the college). Classes were held after school hours in West Van High.

The first fall the college expected maybe 400 students and then 726 enrolled. Cap was a success.

For the first few years the college operated on a haphazard basis with portables in the back of West Van High and classes held in five or six different locations. Students had to bus from class to class in an eternal frantic rush all over North Vancouver. But those crazy factors about Cap – the do-it-yourselfness of the

place and its small size – created a spirit of unity and camaraderie that has largely been lost now.

Warehouse facilities were used on Welch Street for a while, but the big move came in 1973 when the college opened up the Lynnmour campus here. Finding somewhere to put the college had taken that long because North Shore residents were worried about traffic problems ("oh no, you're not putting the college here!") and the muncipal governments did not want to use up potentially valuable land on a big institution that didn't pay taxes. That's why they stuck us to hellandgone out at Lynnmour, strategiaclly placed between the garbage dump, the dog kennels, the cemetary and the Coachhouse.

B building came first, then A tower and then a year or two later the north campus portables were put in. The portables were supposed to be a temporary measure before they put in a permanent building up north, but because of lack of funds, they are being upgraded to last for at least another 10 years. Who knows, maybe by this winter

you won't freeze or cook to death in the classrooms.

This year construction begins on what is euphemistically called a "Multi-Purpose Facility." Originally designed to accomodate more vocational courses, the college has cleverly managed to put a few more programs in there to free up space on the rest of campus and give us all a bit more room to breathe. It should, with any luck, be ready for the 82/83 year, or maybe even sooner. A gym is on the horizon too.

This is Cap's twelvth year. How successful the college has been in achieving its goals is debatable depending on who you ask. But the college that North Shore residents went door to door and then to Victoria fighting for has proven itself a viable institution.

Other campuses

Since Cap serves the Howe Sound and Sunshine Coast areas as well as the North Shore, one of the emphases in the past has been building satellite campuses near to the students. There is a campus in Squamish right now and one under construction in Gibsons. Classes are also offered in a number of different locations on the North Shore. It's a mere drop in the bucket thought – to get most classes you have to come to Lynnmour.



Capilano College Student Society Calendar of Events for Fall 1980

7 6 9 6 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 7 8 9 10 11 12 14 15 15 16 17 18 19 20 12 13 14 15 16 17 18 19 20	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
	7 8 9 10 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27	10 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25		1 2 3 4 5 6 7 8 9 0 1 12 13 14 15 16 17 18 9 20 21 22 23 24 25 26 27 28 29 30 31

Sept. 2: In-person registration, 2:00pm – 7:00pm

Sept. 2–5: Student society orientation

Sept. 3: Classes commence

Sept. 3–4: Late Registration, 2:00pm – 7:00pm

Sept. 8–11: Book swap in student lounge, room A117

Sept. 10: Nominations open for student society executive elections

Sept. 11: Free film: Return of the Pink Panther

Sept. 16: Special general meeting of the Capilano College Student Society at noon in the north cafeteria

Sept. 18: Free film: Mr. Hulot's Holiday

Sept. 23: Nominations colse for Student Society executive elections

Sept. 24: Campaigning begins for student society executive elections

Sept. 25: Free film: Women in Love

Sept. 29–30: Political film series in the student lounge, room A117. International Student Cards available on campus.

Oct. 1–2: Student society executive elections

Oct. 2: Freefilm: La Cage aux Folles

Oct. 7: Last day to add a course

Oct. 9: Free film: Ashanti

Oct. 13: Thanksgiving Day, college closed

Oct. 16: Free film: Walkabout

Oct. 16–20: National Union of Students semi-annual conference in Winnipeg

Oct. 16–20: Association of Student Councils annual conference in Winnipeg

Oct. 23: Free film: Lawrence of Arabia

Oct. 30: Free film: Capricorn I

Oct. 30: Day of Action on Childcare



The CCSS is a gang of wild & crazy people! Left to right: Fred Wiese (Treasurer), Catherine Ludgate (VP External), Wilf Humeny (Activities Co-ordinator), Barb Bailey (Office Person), Scott Sudbeck (President), Gail Kozai (Info Centre staff), and Steve Howard (VP Internal).

Oct. 31: Rocky Horror Picture Show and Hallowe'en beer garden in the south cafe-theatre

Nov. 6: Free film: Harold and Maude

Nov. 10: Last day to **withdraw** from a course, change from **audit** to **credit** or to change sections

Nov. 11: Remembrance Day, college closed

Nov. 13: Free film: The Rose

Nov. 17: International Students' Day

Nov. 17 – Dec. 12: Mail registration for spring term for North Shore, Howe Sound, Sechelt and returning students.

Nov. 20: Free film: Dirty Harry

Nov. 20–23: B.C. Students' Federation semi-annual conference at Naramata Centre

Nov. 27: Free film: Nashville

Dec. 4: Free film: Deliverance

Dec. 8–12: Examination period for academic division

Dec. 12: Last day of classes for career and academic divisions

Dec. 19: Last day of classes for vocational programs

The Free Thursday Night Film Series will be shown in the student lounge, room A117, at 7:30pm.

The Capilano College Student Society will hold its weekly meetings on Thursdays from 4:00–6:00pm in the CCSS office, room A114. Get involved.

Watch for posters and read the Courier for notice of other up-coming activities.



36

Courier needs your help de Vol. VI - No. II

testing one two three... turn it up a little... ONE TWO... down a bit... testing... ik, that's good..... ahem, hello. This is your college newspaper speaking. For those of you returning, it's good to see you again. For those of you who are just arriving, well, we know it's a bit strange at first but that's because you're still wet under the armpits, but you'll toughen up.

To get to the point, people, we need a few volunteers for a dangerous mission. A mission that will leave you in despair with a ripped up manuscript in your paw and a tear in your eye. And, of course, should you or any of your team be captured...

Your mission, should you decide to accept it, is to infiltrate and gain the trust of the handful of staffers diligently producing the Capilano Courier every fortnight, to become involved in newswriting, theatre and film reviews, sports reporting, graphic drawing, cartooning, editorial ranting, typesetting (the staff will train you on the Quad-

commission), photography (especially photography!), editorial positions with a monthly salary, wild parties, marathon beer drinking competitions and almost anything else you might imagine could be involved in a campus paper, including travel to Canadian University Press national and regional confer-

A student paper offers you the opportunity to meet famous and ences. semi-famous people! On staff this year we even have a recently defeated Rhinoceros, fresh from a successful campaign against Lloyd Axworthy, one of the few Liberals in government west of the Ontario-Manitoba border.

Well there are all the reasons you should join the Courier, and of course there are no reasons why you shouldn't join, so come on out to NF209 or call local 200, we don't bite (although we may gnaw on your shin bones a little).



Trees plus ocean plus two b rays plus a neutrino or two zero. Be a nuclear physic

aearin

by James Baugh

The Annual General Mee Ment Society has bee